



HEARTS, HANDS AND HORSES - BUILDING DREAMS, CHANGING LIVES



Stable Hands P.O. Box 1852 Yreka CA 96097 (530) 842-3082 [www.stablehands.org](http://www.stablehands.org)

### Participant's Application and Health History

#### GENERAL INFORMATION

Participant: \_\_\_\_\_

DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Gender: M F

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_ Alternative phone: \_\_\_\_\_

#### HEALTH HISTORY

Primary Diagnosis: \_\_\_\_\_ Secondary Diagnosis ( \_\_\_\_\_

Date of onset: \_\_\_\_\_

*Please indicate current or past special needs in the following areas:*

	Y	N	Comments
Auditory			
Visual			
Sensations			
Speech/Communications			
Heart/Cardiac			
Breathing			
Digestion			
Elimination			
Muscular			
Circulation			
Bone & Joint			
Allergies			
Thinking/Cognition			
Emotional/Mental Health			
Behavioral			
Pain			
Other			

**Military Service History (Branch of service; when and where did you serve; what was your military job specialty)**

---

---

---

---

**Please describe abilities/difficulties in the following areas (include assistance required or equipment needed).**

**Function** (Mobility skills such as transfers, walking, wheelchair use, driving a car)

---

---

**Psycho/Social** (Work/school including grade completed, leisure interests, relationships-family structure, support systems, companion animals, concerns etc.)

---

---

---

---

**Goals** (i.e. Why are you applying for participation? What would you like to accomplish?)

---

---

---

---

**Do you have experience with horses? If yes, please describe.**

---

---

---

Signature: \_\_\_\_\_  
Veteran, or Legal Guardian

Date: \_\_\_\_\_



### Participant's Medical History & Physician's Statement

Participant: \_\_\_\_\_ D.O.B.: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Address: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ ICD10 \_\_\_\_\_

Past/Prospective Surgeries: \_\_\_\_\_

Medications: \_\_\_\_\_

Seizure Type: \_\_\_\_\_ Controlled: Yes No Date of Last Seizure: \_\_\_\_\_

Shunt/Pacemaker or implanted device present: Yes No Type: \_\_\_\_\_

Special Precautions/Needs: \_\_\_\_\_

Mobility:    Ambulates independently                      With walker or cane                      Uses wheelchair

Prosthesis/Assistive Devices: \_\_\_\_\_

*Please indicate current or past special needs in the following systems/areas, including surgeries:*

	Y	N	Comments
Auditory			
Visual			
Tactile Sensations			
Speech			
Cardiac			
Circulatory			
Integumentary/Skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			
Orthopedic			
Allergies			
Learning Disability			
Cognitive			
Emotional/Psychological			
Pain			
Other			

Please note that the following conditions may suggest precautions and contraindications to therapeutic horseback riding. Therefore, when completing this form, **please note whether these conditions are present, and to what degree.**

**ORTHOPEDIC**

Atlantoaxial Instability – include neurologic symptoms  
Coxa Arthrosis  
Cranial Deficits  
Heterotopic Ossification/Myosistis Ossificans  
Joint subluxation/dislocation  
Osteoporosis  
Pathologic Fractures  
Spinal Fusion/Fixation  
Spinal Instability/Abnormalities

**OTHER**

Age – under 4 yrs  
Indwelling catheters  
Photosensitivity  
Poor Endurance  
Skin Breakdown

**NEUROLOGIC**

Hydrocephalus/Shunt  
Seizure  
Spina Bifida/Chiari II Malformation/Tethered Cord/Hydromyelia

**MEDICAL/PSYCHOLOGICAL**

Allergies  
Animal abuse  
Physical/Sexual/Emotional Abuse  
Blood Pressure Control  
Dangerous to self or others  
Exacerbations of medical conditions  
Fire Setting  
Heart Conditions  
Hemophilia  
Medical Instability  
Migraines  
PVD  
Respiratory Compromise  
Recent Surgeries  
Substance Abuse  
Thought Control Disorders  
Weight Control Disorder

Veteran Name: \_\_\_\_\_

Given the above diagnosis and medical information, this person is not medically precluded from participation in equine-assisted activities and/or therapies. I understand that the PATH Intl. Center will weigh the medical information given against the existing precautions and contraindications. Therefore, I refer this person to the PATH Intl. Center for ongoing evaluation to determine eligibility for participation.

Name/Title: \_\_\_\_\_ MD DO NP PA Other

Signature: \_\_\_\_\_ Date:

Address:

Phone: ( ) \_\_\_\_\_ License/UPIN Number: \_\_\_\_\_



## MEDICAL HISTORY & EMERGENCY TREATMENT RELEASE INFORMATION

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Last First

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

### MEDICAL INFORMATION

Physician: \_\_\_\_\_

Address: \_\_\_\_\_ Hospital: \_\_\_\_\_

Medical Insurance Company: \_\_\_\_\_

Address: \_\_\_\_\_

Policy Number: \_\_\_\_\_ group # \_\_\_\_\_

Company or Agent Phone: \_\_\_\_\_

### Medical History

Allergies: \_\_\_\_\_

Current Medications: \_\_\_\_\_

Please describe your current health status, particularly regarding the physical/emotional demands of working in an equine-assisted program. Address fitness, cardiac, respiratory, bone or joint function, recent hospitalizations and/or surgeries, or lifestyle changes \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**IN CASE OF EMERGENCY:**

Notify: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Relationship: \_\_\_\_\_

Or,

Notify: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Relationship: \_\_\_\_\_

Or,

Notify: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Relationship: \_\_\_\_\_

**Consent Plan**

In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of the agency, I authorize Stable Hands to:

1. Secure and retain medical treatment and transportation if needed.
2. Release client records upon request to the authorized individual or agency involved in the medical emergency treatment.

This authorization includes radiography, surgery, hospitalization, medication and any treatment procedure deemed "life saving" by the physician. This provision will only be invoked if the emergency contact person(s) above is unable to be reached.

Consent signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Legal Guardian: \_\_\_\_\_

**Non-Consent Plan**

I DO NOT give my consent for emergency medical treatment/aid in the case of illness of injury during the process of receiving services or while being on the property of the agency.

- ***Parent/legal guardian or caregiver will remain at activity site at all times during equine assisted activities.***

In the event emergency treatment/aid is required, I wish the following procedures to take place: \_\_\_\_\_

\_\_\_\_\_

Non-Consent signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Legal Guardian: \_\_\_\_\_



## Release, Hold Harmless and Assumption of the Risk Agreement

I, \_\_\_\_\_ (print name) would like to participate in the Stable Hands equine assisted activity and therapy program (the “Program”). In exchange for the privilege of participating in the Program, I agree that neither I nor my family, nor any legal guardian, heir or assignee, will sue or make a claim against Stable Hands, the Eastman/Sander Facility or attach the property of Stable Hands or the Eastman/Sander Facility for death, injury or damage resulting from any act or omission, whether the injury or the damage occurs by act of negligence or any other act by human, by physical condition of the property or by animal. I understand that I am releasing and holding Stable Hands and the Eastman/Sander Facility harmless from any and all claims, demands or actions that I, my family, my heirs or any legal guardian, assignee or legal representative may have now or may have in the future for any death, injury or damage resulting from my participation in the Program or any other activities at Stable Hands, on the Eastman/Sander Facility or other site. **I am fully aware that I am assuming any and all risks associated with the Program and any other activities at Stable Hands.** I am fully aware that there are many risks and dangers involved in participation in the Program and other activities at Stable Hands, and I agree to accept the consequences of such risks, including, but not limited to, the risk of injury, death, and damage to personal property. I am also fully aware that only Service Dogs are allowed on the Eastman/Sander Facility and that they must be kept in the vehicle at all times, unless they are in the act of assisting a rider. If I do not fully understand the risks, I will consult with a staff member immediately. **If I do understand the risks associated with my/my child’s participation, I will verify that I do understand the risks by placing my initials here:** \_\_\_\_\_

\_\_\_ **I DO** have a “Service Dog” that will/may attend lessons at the Eastman/Sander Facility.

\_\_\_ **I DO NOT** have a “Service Dog”.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent/guardian  
if a minor

\_\_\_\_\_  
Date



## Volunteer/Staff/Participant Photo Release

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

### PHOTO RELEASE

I  DO

DO NOT

consent to and authorize the use and reproduction by **Stable Hands** of any and all photographs and any other audio/visual material taken of me for promotional material, educational activities, exhibitions or for any other use for the benefit of the program (to include, but not limited to brochure, Stable Hands' webpage or Facebook page, video on our Website via hosted through YouTube, Vimeo, DVD or presentations) .

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Participant, Parent or Legal Guardian  
(Volunteer or Staff)